

ACWA

CSP2205 - Health and Wellbeing Procedure

Purpose

This procedure outlines how ACare WA supports the health and wellbeing of participants. It provides guidance for engaging healthcare professionals, responding to health concerns, and ensuring that support is delivered safely and in alignment with individual care plans.

Scope

This procedure applies to all ACare WA staff, subcontractors, and approved health professionals involved in delivering direct support or clinical care under a Home Care or NDIS package.

Responsibilities

- **Care Coordinators:** Ensure care plans are developed, reviewed, and communicated.
- **Support Workers:** Follow the health and wellbeing plan, report concerns or changes.
- **Nurses/Allied Health Professionals:** Provide assessments, referrals, and treatment plans.
- **Management:** Monitor implementation and ensure compliance with procedures.

Procedure

Step 1: Identify a health concern or risk.

Step 2: Engage a GP, Continence Nurse, Urologist, or Allied Health Professional for assessment.

Step 3: Provide the professional with the **ACWA CSP2215 - Health Plan Essentials Checklist**.

Step 4: Create a personalised Health and Wellbeing Plan, with the participant's consent.

Step 5: Document and store the plan in the participant's clinical file.

Step 6: Staff complete the **ACWA CSP2200 - Support Plan Staff Declaration** to confirm understanding.

Step 7: Monitor the person's health regularly and update the plan as needed.

Step 8: Escalate urgent or emergency health events immediately using iReport and notify family or GP.

Emergency Protocols

- In case of chest pain, shortness of breath, stroke symptoms, or autonomic dysreflexia – CALL 000 immediately.
- Stay with the person and follow their clinical care plan.
- Record the incident and notify ACare WA leadership.

Monitoring and Review

Health and Wellbeing Plans must be reviewed annually or when a participant's condition changes. All incidents, injuries, or health concerns must be documented and reviewed for risk mitigation.

Related Documents

ACWA CSP2200 - Support Plan Staff Declaration

ACWA CSP2205 - Health and Wellbeing Procedure

ACWA CSP2210 - PPE for Support Activities

ACWA CSP2215 - Health Plan Essentials Checklist

ACWA CSP2235 - Personal Care Plan

ACWA CSP2240 - Uridome Application and Care Procedure

ACWA CSP2255 - Responding to Unexplained Bruising or Injury - Procedure